

NORTHMINSTER NOTES

News for the Members & Friends of Northminster Presbyterian Church

February 2012



Annual Congregational Meeting

The Annual Congregational meeting & potluck will be at noon on Sunday, February 12th, in the Fellowship Hall. Bring a dish to share. Table service and drinks provided.

Ash Wednesday Service

Ash Wednesday Service
February 22nd, 7:00 p.m.
In the Trinity Room
wednesday@npc
will not be held.

Sunday Worship
8:15 9:45
& 11:00 AM

Sunday School
9:45 AM

Pastor's Page

Do you remember the story of Joseph in the Book of Genesis? Joseph is an Israelite that is sold to some Egyptians. He makes his way up in Egyptian society and eventually becomes a very powerful man, second only to Pharaoh himself. He forgives his brothers and saves his family. So this outsider becomes a very powerful insider. In fact, he saved the Israelites because of the influence and arrangement he had with the Pharaoh. But all of that eventually changed.

Everything changes eventually. In Exodus 1:6-7 we are told that Joseph, his brothers and his whole generation dies. But the Israelite people continue to flourish and multiply. And then in verse 8 we are told: "Then a new king, who did not know about Joseph, came to power in Egypt." This is an amazingly simple verse that speaks volumes. The new king did not know Joseph, which is not surprising since Joseph is dead. But what it really means is that he did not know about the arrangements Joseph had made for his people. Because of Joseph, the Israelites had protected, favored status. This was no longer true. They went from being on the inside of society to the margins. Eventually we know this means they would become

enslaved and require Moses to lead them out of Egypt. They had to spend some time in the wilderness before they found their own place in the world.

I think the established, mainline church finds itself in a similar situation. There was a time when the church was on the "inside" of society, but now we are on the margins. For example, at the time of the American Revolution, Presbyterians made up 25% of the population. We are now less than 1%! Everything has changed. The protected, favored status we once enjoyed is gone. We now find ourselves wandering in a sort of wilderness. I believe the denominational struggles we are experiencing are part and parcel of our wandering in the wilderness. The journey might get difficult for a while. But here is the good news: God has not abandoned us. God did not walk away from the Israelites and God will not walk away from us. He will lead us in the wilderness just like he led them. Things are going to continue to change for the denomination and for Northminster Presbyterian Church. Some of these changes will certainly be big ones. But just remember, God has not abandoned you. He will lead us through it!

Doug Huche

Northminster Notes

Reaching Out to Embrace Others With God's Love

Family Movie Night

A Family Movie Night featuring "Courageous"
Saturday, March 31st, at 7:00 p.m.
in the Trinity Room
Popcorn & drinks provided!

A donation will be collected to offset the
cost of the movie license.

Four men, one calling: To serve and protect. As law enforcement officers, Adam, Nathan, David, and Shane are confident and focused. Yet at the end of the day, they face a challenge that none of them are truly prepared to tackle: fatherhood. When tragedy hits home, these men are left wrestling with their hopes, their fears, their faith, and their fathering. Can a newfound urgency help these dads draw closer to God ... and to their children? Protecting the streets is second nature to these men. Raising their children in a God-honoring way? That's courageous?

Save the date for this Christian based movie that is sure to be a hit and inspire you.

(Rated PG-13. Approximately 120 minutes.)

Marriage Ministry Needs You

The Marriage Ministry Team is in need some new members because two of our couples are stepping down after many years of service. Duties will include attending three team meetings each year, and mentoring approximately two couples each year and attending one Marriage Encounter event a year. We also sponsor the Sweetheart Dinner/Dance in February which is very fun and requires very little work.

Parish Nursing - Sunday February 19th

Heat disease is the leading cause of death in the USA and a major cause of disability. Some heart attacks are sudden and intense; however, most heart attacks start slowly, with mild discomfort. Often people aren't sure what's wrong and wait too long before getting help. Here are signs of possible heart attack:

- Chest discomfort
- Discomfort in other areas of the upper body
- Shortness of breath
- Cold sweat, nausea, lightheadedness

PN Sunday will be February 19th. Please stop by the Fellowship Hall to see displays about Heart Health and Parish Nursing, taste a healthy smoothie, get recipes, educational materials and give-aways. During worship this day a special collection will be taken to support the Parish Nursing program.

Are you an RN with some time to support members of our church family in the care of their body, mind, and spirit? The spring Parish Nurse Training dates are: March 16, 17, and 18 and March 30, 31, and April 1. For more information, contact one of the Parish Nurses (Jane Meginnis, Ginger Kruiswyk or Judy Pipe).

Crochet Time/Crafting

The Dorcas Crafters will meet on February 1st and 8th, 1:30 – 3:00 and on February 9th, 7:00 – 8:30 to work on crafts or needlework. Connie Brandow will teach crocheting. They always welcome more people in the group.

Lunch n' Learn

February 14th - 12:00 p.m.
United Presbyterian Church

"Heart Smart Foods & Facts"
By Julia Kotewa, Sr. Nursing Instructor
at St. Francis School of Nursing



Mission Spotlight

Northminster's congregation supports missions locally, nationally and internationally, both financially and by giving their time and talents.

This month's mission spotlight shines on Crittenton Centers, an agency in which several of our church members serve as volunteers. It is our hope that your awareness of this mission and knowledge of what this agency offers to our community will spark an interest in joining the many volunteers at Crittenton Centers.

If you are interested in knowing more about this agency, please contact Pam Garner (453-9928), or any of the team members, to join us on a tour of the center on February 7th, at 6:00 PM. Crittenton Centers is located at 442 W John Gwynn Jr. Boulevard Peoria, IL 61605.

Crittenton Centers has been serving Peoria and all of central Illinois since 1892. Originally conceived as a maternity home for unwed mothers, the agency has evolved into a multi-service child welfare organization.

The mission of Crittenton Centers is stated as: Protecting and Nurturing Children and Families and their vision is: Educating and strengthening children and families to build safe, vibrant communities where children thrive and families succeed. The program has three components:

- 1) Crisis Nursery
- 2) Child Development Center
- 3) Parent education

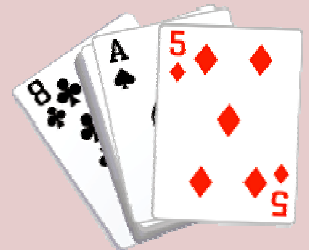
For 30 years, their Crisis Nursery has provided free 24-hour, 365-day childcare for families in crisis situations. The Crisis Nursery is open to parents or legal guardians of children (newborns through six years of age) who reside in Peoria, Woodford and Tazewell, counties. The child who stays in their Crisis Nursery is safe, well cared for and comforted for up to 72 hours (and, in special circumstances, for even longer periods). More than 600 children are nurtured and protected each year. The child's parents are likewise supported by a caring environment in which they may ask for—and receive—help.

The child development center is licensed by DCFS and supplies an early childhood education for children from age 3 through 6. There is a sliding scale of fees to allow children to attend who might not be able to otherwise. The children are served warm meals during their day and they are prepared for kindergarten as they learn.

Crittenton offers on-going adult parenting classes both at their facility and at several other agencies in the tri-county area. These classes educate and strengthen more than 700 single parents and families throughout the year.

Join the Mission Ministry Team as they explore this worthy agency. Remember: February 7 at 6:00 PM at Crittenton Centers, 442 W John Gwynn Jr. Boulevard Peoria, IL 61605. Car pools will be forming at the church as well. Look for information in the bulletin

Join us for Bridge at Northminster



On Mondays, from 1:00 -2:30 p.m., a small group of people are playing bridge. You can be an expert, or just beginning, to join them. We are in need of some bridge tables (not chairs) for more comfortable playing. If you have one you can donate, or have questions please call the church office, Bobbie Prager (692-5381) or Connie Brandow (692-7371). Hope to see you soon.

Northminster Notes

Reaching Out to Embrace Others With God's Love



Northminster Notes

"Reaching out to embrace others with God's Love"

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Peoria, IL

CHANGE SERVICE REQUESTED

Northminster Presbyterian Church
10720 N. Knoxville Avenue
Peoria, IL 61615
(309)691-6322

News for Members and friends

Of Northminster Presbyterian Church

The Marriage Ministry Team Presents

Sweetheart Dinner & Dance

Friday, February 10th @ Cater Inn

6:30 - 11:00 p.m.

\$60.00 per couple

The youth will be providing babysitting at the church - donations accepted.





Curtis White
Sharon Loer
Pat Peterson
Madelyn Marshall
Dan McLaughlin
Paula Brattin
Gideon Curry
Michelle Sahm
Devyn Vidas
Ardelle Deckert
Julie Foulk
Michael Hieber
Keenan Gatz
Barb Schlicksup
Jacqueline White
Ginger Jacocks
Gail Illuzzi
Dylan Berg
Paula Koy
Nita Arianoutsos
Amanda Casica
Bill Kernc
Jerry Halverson
Anita Coon
Tyler Mathewson
Mary Wickham
Susan Pitts
Molly Nettles
Owen Zogby
Ashlyn Hancock
Brad Finley
Lori Curry

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Bradley Lundholm
Judy Pipe
Christopher Walker
Hannah Sutton
Judy Helm
Tom France
Luke Sherwood
Jenny Arnett
Alex Dierker
Peyton Curtin
Sandra Fitzpatrick
Rob Coventry
Colleen Frerichs
Allison Sahm
MacKenzie Taylor
Susan Jankovsky
Abby Petran
Emma MacMillan
Blake Finley
Richard Raguett
Rich Helm
Kristi Fields
Jeff Zogby
Myron Dempsey
Bill Blocker
Doug Griesbaum
Brett Stewart
Kelly Peterson
Sydney Barton
LeeAnn Glatz
Bob Dunn
David Slusher

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February
2012

Northminster Presbyterian Church



POWERSOURCE

ASK GOD:

1. To protect your children from harmful messages about physical attributes.
2. To help your children view themselves as God's creation.
3. To heal any body-image struggles you've been facing.

Promote Positive Body Image

The topic of body image is usually associated with teenagers, but it's becoming an issue for younger children now, too. Media and advertising, toys, and peer pressure are among the many factors that make kids question their appearance and build.

But what's said and seen at home matters, too. Often parents inadvertently contribute to their child's body-image issues with their comments or through their own weight issues. A parent's focus on body image can make a child think his or her value is based solely on appearance. Here are tips for promoting healthy body image in your children:

- Emphasize that God created our bodies, which he calls "the temple of the Holy Spirit" (1 Corinthians 6:19).
- Model healthy eating. Show children how to make wise food choices, and don't require them to always clean their plates.
- Accept yourself. Resist an obsession with calories and pounds.

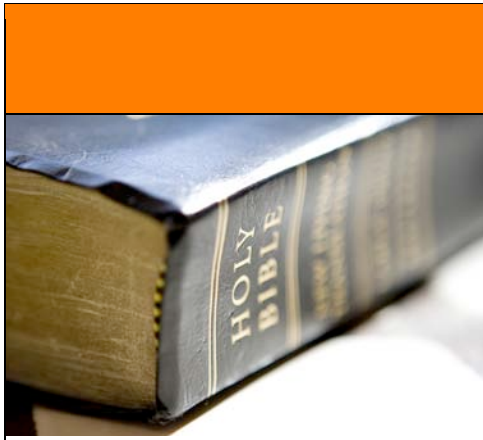
INSIGHTS

- 80% of girls in third- through sixth-grade report displeasure with their bodies. Young girls say they're more afraid of becoming fat than they are of cancer, nuclear war, or losing their parents.

(U.S. Dept. of Health & Human Services)

- 36% of third-grade boys have tried to lose weight, and "muscle dysmorphia," an obsession with body size and shape, is on the rise among young males.

(Time)



I praise you because I am fearfully and wonderfully made;
your works are wonderful, I know that full well.
(Psalm 139:14 NIV)

Everything God created is good, including our amazing bodies.
One of the many things we can do with our bodies is praise God
for caring for us physically.

TEACHABLE MOMENTS

1. Turn to the Book—Read and discuss Bible passages about beauty (see 1 Samuel 16:7; Proverbs 31:30; 1 Peter 3:3-4) and strength (see Isaiah 41:10; Ephesians 6:10-11; Philippians 4:13; 1 Timothy 4:8).



2. Branch Out—Encourage children to try new things. These experiences help affirm kids' bodies in unexpected ways. Also look for activities that diversify children's experiences, fortify their emotional strength, develop their talents and interests, and widen their circle of peers and mentors. Your church or children's ministry is a good place to start.

3. Unique Creations—Make clay sculptures of things that are important to each of you. Then talk about why you cherish and care for that item. Remind children that God cherishes and cares for us—and wants us to do the same with our bodies.

Chat with your children about body image by using these discussion starters:

1. Why did God give us bodies? What are some special things you can do with your body?
2. What does God want us to do with our bodies? How does he want us to take care of them?
3. What are some ways we can be kind to our bodies—and to other people's bodies?

FAMILY EXPERIENCE

Try these activities to celebrate God's gift of our bodies. The first works well with younger children, and the second works well with preteens.

• **Hopping-Popping Bodies**—Help children draw a gingerbread-cookie-type person and then draw arrows from different parts of the body to the outer rim of the paper. From the head, help children write words that describe what they like to learn about. From the hands, write things they like to do. From the feet, places they like to go. From the stomach, things they like to eat, and so on.

Read aloud Psalm 139:14 and use your bodies to express the information on the papers. Have children act like kernels of popcorn. Have family members "burst" open with their answers as you mention each body part. For example, say: "We thank God for our minds to think about...." After everyone has popped up and shared an answer, move on to the next body part.



• **Wonderfully Made**—Remind older kids of how wonderfully God has made them. Read aloud Psalm 139:14. Discuss messages that today's society communicates about beauty and body image. Then describe what God sees in each person. Together, create a poster that communicates either Psalm 139:14 or our worth and image in Christ. Hang the poster near a mirror as a reminder of how much God values each of us.

Mark Your Calendars



'SONRISE' NATIONAL PARK VACATION BIBLE SCHOOL OPENS

JUNE 11-15TH

Get Excited to "Point Your Kids to Jesus"

The time has already begun to start thinking about exploring the Alaskan wilderness with us this summer!

Mark your calendars June 11th-15th! Registration begins April 12th. Interested in volunteering? Keep your eyes peeled for more info in the NPC bulletin on Sunday Mornings beginning in March.

Our first 'Work Day' will take place on February 25th from 9:00a-12:00p. Everyone is welcome!

FUN FEST! MARCH 10TH

Our Annual Family Fun Night fundraiser is almost here!

Bring the whole crew for a night of inflatables, games and good family fun!



Upcoming VBS Dates

Meetings & Work Days/Nights

Friday, February 23rd
Team Meeting 9:30a
(Nursery)

Saturday, February 25th
Work Day 9:00a-12:00p
(Attic)

Saturday, March 31st
Work Day 9:00a-12:00p
(Attic)

April 12th
REGISTRATION OPENS

Saturday, April 21st
Work Day 9:00a-12:00p

Wednesday, May 9th
Work Night 6:00p-9:00p

Saturday, May 19th
Work Day 9:00a-12:00p

June 1st
Registration Deadline

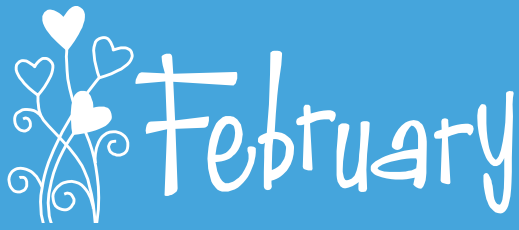
June 4th-8th
Set-Up Decorating 9:00a-12:00p

NATIONAL EQUIP CONFERENCE FEBRUARY FRIDAY/SATURDAY 24TH-25TH

Visionary Parenting: Inspiring the Hearts of Parents to Disciple their Children
Presented by Dr. Rob Rienow, Visionary Family Ministries (Saturday Feb. 24 at 1:00p, 2:30p & 4:00p (Workshop is completely FREE!))

Keynote Speaker, Dr. Rob Rienow served alongside his wife, Amy, at Wheaton Bible Church for 18 years. Now called as full time missionaries launching Visionary Family Ministry, Rob and Amy's mission is to "build the church through global reformation of family discipleship.

Join other parents, pastors and youth workers from across the country as Rob shares his vision for family ministry at Peoria Christian School (3506 N. California Ave. Peoria, 61603



February

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Kids Club 6:30-7:30p	2	3	4
5 EFA Sunday School 9:45a	6	7	8 Kids Club 6:30-7:30p	9	10	11
12 EFA Sunday School 9:45a	13	14 <i>Valentine's Day</i>	15 Kids Club 6:30-7:30p	16 CM Team Mtg. 6:30p	17 VBS Team Mtg. 9:30a	18
19 EFA Sunday School 9:45a	20 <i>Presidents' Day</i>	21	22 <i>Ash Wednesday</i> No Kids Club	23	24 <i>(2 Day Equip Conference) ></i> <i>See article above for more info...</i>	25 VBS Work Day 9a-12p
26 EFA Sunday School 9:45a	27	28	29 <i>Leap Day</i> Kids Club 6:30-7:30p			

February Youth Newsletter

Omega February Calendar

Super Bowl Party at the Cory's!	Feb. 5
Service Project: Babysitting	Feb. 10
Youth Worship Night	Feb. 12
30 Hour Famine Lock-In	Feb. 17-18
Mission Trip Fundraiser Dinner	Feb. 19
Regular Youth Group	Feb. 25
WinterJam Concert	Mar. 18

Alpha & Edge February Calendar

Board Game Night!!	Feb. 1
Regular Youth Group Night	Feb. 8
Service Project: Babysitting	Feb. 10
Youth Worship Night	Feb. 12
Regular Youth Group	Feb. 15
Regular Youth Group	Feb. 22
Confirmation Retreat	Feb. 24-26
Regular Youth Group	Feb. 29

Summer Mission Trips



This summer our Omega and Alpha students will be going on two mission trips. From June 17-22 our Omegas will be in Prattsville, NY providing some much needed disaster relief service.

This past August Hurricane Irene struck the east coast devastating several towns with floods. We will go there to bring hope and healing through helping the community rebuild their homes and lives.

Then the week of July 15-20 our Alphas will have the opportunity to serve the people of south Chicago through Roseland Christian Ministries. RCM serves the Roseland neighborhood through providing a women's and children's shelter, a thrift store and through their homes project. The homes project buys foreclosed homes in the neighborhood and then sells them back to families who have received six months of mentoring and financial assistance.

If you are interested in going on either of these mission trips please fill out a registration form which can be found on the youth bulletin board or online at www.northminster.us/youthnews. Sign-up deadline is March 25.

Omega Super Bowl Party February 5

New England Patriots or New York Giants? Who's going to win this year's Super Bowl? Maybe a better question is, which commercial is going to be the funniest?

If you like hanging out with your friends from youth group

and need an excuse to come to a party then join us for our annual Omega Super Bowl Party! This year the Cory family will be hosting it at their house: 1017 W. Bennett Court in Dunlap.

Please bring some snacks to

share and your favorite card or board game to play! Pizza will be provided to help supplement the snacks! The party begins at 5:00PM, come for some of it or come for all of it! Questions? Or need directions? Contact Linda Cory at: lacory@comcast.com

30 Hour Famine Lock-In February 17-18

Nearly 1.4 billion people in the world suffer from severe poverty, living on \$1.25 or less per day. What can you do to help these people?

On February 17 & 18 our Omega students will be participating in our annual **30 Hour Famine**. This is a 30 hour fast from food in order to raise money for the non-profit organization World Vision. Throughout the weekend our students will spend time in

worship, play games together and even serve our local community. If you are interested in sponsoring one of our students either contact Joel or a specific student.

We ask that each student commit to raising at least \$30 a piece. We will start with breakfast at Perkins off of War Memorial and end eating at Avani's. Students can pick up their fundraising packets from Joel at any time.

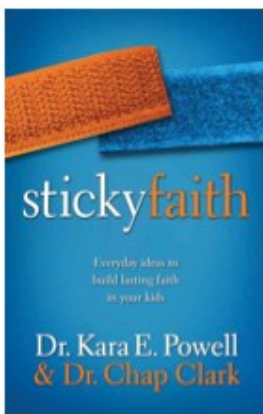
Mission Trip Fundraiser Dinner Sunday February 19

We would like to invite the congregation to our annual Youth Mission Trip Fundraiser Dinner on Sunday February 19 at 5:30PM.

This is our biggest fundraiser event of the year and helps to

assist our youth in going to spread the Good News. Through your generosity in years past we have been able to raise nearly 50% of our total needs! Thank you so much for your generosity.

The dinner will include mostaccioli, salad, garlic bread and dessert. There will be a short program with information on our two 2012 summer mission trips. We look forward to seeing you there!



According to their book, Sticky Faith, Drs. Kara Powell and Chap Clark say that 40-50% of “college students will fail to stick with their faith as they enter into college,” (15). At our church we

Sticky Faith Cohort 2012

do not want our youth to be just another statistic. That's why throughout this year some of us will be participating in a cohort group through Fuller Seminary. Using groundbreaking research done by Powell and Clark over the last 7 years, our team will join with 29 other churches across the country to develop and implement a “Breakthrough Plan” that will help our youth stick to their faith as they enter college.

Periodically throughout the year you will hear updates and learn about new and exciting ways that our church can help to build lasting faith in our students.

Our team members include, Joel Vander Wal, Lindsay Leavenworth, Linda Cory and George Stout. This February the four of us will be traveling to Fuller Seminary to participate in our first seminar.