





**Northminster Learning Center  
Allergen List**

<b>Food</b>	<b>Eggs</b>	<b>Fish</b>	<b>Milk</b>	<b>Peanuts</b>	<b>Sesame</b>	<b>Shellfish</b>	<b>Soy</b>	<b>Tree Nuts</b>	<b>Wheat</b>
Tacos			X				X		X
Teddy Grahams							X		X
Tomato Soup									X
Turkey-Cheese Rollup			X						X
Vanilla Wafers	X		X						
Veg & Noodles	X		X						X
Veg-Bacon	X								X
Veg-Bratwurst									
Veg-Cheese Rollup			X						X
Veg-Chicken			X				X		X
Veg-Chicken Tenders							X		X
Veggie Dog									X
Veggie Soup	X								X
Veg-Meatballs							X		
Veg-Meat							X		X
Veg-Sausage									
Yogurt			X						